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BIO:

Yanhua Zhang (Ph.D. in Anthropology, University of Hawaii) is an associate professor at Clemson University. Her research attends to embodiment and everyday practice of well-being and traditional Chinese medicine (TCM) in contemporary China. Her book *Transforming Emotions with Chinese Medicine: An Ethnography from Contemporary China*, SUNY (2007) explores how meanings and experiences of emotions and emotion-related disorders are presented, negotiated, and transformed in TCM clinics in contemporary China. Her more recent research includes inquiries into the reinvention and popularization of the Confucian notion of happiness as moral and political resources to articulate diverse experiences and desires in post-reform China and the invention of the TCM concept and practice of "*paidu* (detox)" as "technology of self-care" for achieving and managing bodily and social health in the changing moral worlds of contemporary China. Her current research focuses on the professionalization of TCM psychology over the past two decades as an emergent process in relation to the profound social transformations and increased hegemonic power of Western psychology in China and with multiplex sociocultural, institutional, and clinical implications in China's mental health research and practice.